



Do you enjoy biking?

So do we!

(Marlene Kroon, Patty Serencha, and Doreen Beech)

One day last summer, while eating ice cream after a ride to the end of Eklutna Lake we wondered if there were other ladies who would enjoy a weekly bike ride as much as we do :) thus, the idea of Biking for Fun, Fitness, Fellowship, and (we cannot lie...Food) was born. We think our title makes it clear that we are not the group to join if you want to get in shape for a triathlon, but if you are seeking some exercise with lots of fun and fellowship...we may be the group for you! Below is a list of our scheduled rides for this summer.



What to bring?

- Bike
- Helmet
- Layered clothing...think of being outside most of the day
- Money for food



Weather Warning

Not being avid rain riders, we decided that in the event of inclement weather (clouds and light sprinkles are fine), we will determine one hour prior to our scheduled meeting time if we want to ride that day. If you think the weather is questionable please call and make sure we are going.



NO



Definitely Not!!



NO



ABSOLUTELY!!!

Here are our phone numbers in case you have questions or need to contact us.

Marlene Kroon - 376-3188
 Patty Serencha - 373-0665
 Doreen Beech - 892-6493

DATE	STARTING POINT	START TIME	TRIP LENGTH Round Trip	DESTINATION
Ride #1: May 30 th	WBC	10 am	10 miles	Cadillac Café
Ride #2: June 13 th	Big Lake Rd/Parks Hwy. (NAPA Parking Lot)	10 am	10 miles	Miller's Ice Cream (Houston)
Ride #3: June 27 th	Wasilla Lake Parking Lot	10 am	18 miles	Iditacup Coffee Stand
Ride #4: July 11 th	Archangel Rd. Parking Lot (Possible carpooling from WBC @ 9:30 am)	10:30 am	5 miles	Reed Lake Trailhead *Dirt Trail and <u>Bring Picnic Lunch</u>
Ride #5: July 19 th	Pt. Woronzof Park (Possible carpooling from WBC @ 9:30 am)	11:00 am	6miles	Saturday Market (via Tony Knowles Coastal Trail)
Ride #6: August 8 th	Eklutna Lake Trailhead (Possible carpooling from WBC @ 9:30)	10:30 am	16 miles	End of Lake & Ice Cream Shop on Eklutna Rd. *Well-established Dirt Road/Trail

